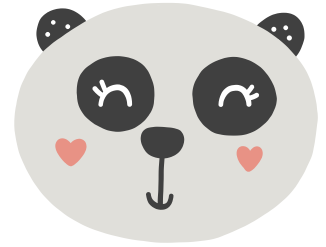


Sparkle!

your inner-beauty-light...



MONTH 2

'cause Girl-School girls are **kind** girls that SHINE and SPARKLE their **inner-beauty-light** into the world!

YOUR SPARKLE-TASK THIS MONTH:

When you do something kind for others, you brighten up their day. And when you do something nice for others, YOU will feel happier and more joyful too. So, it's a WIN-WIN for sure!

This month, you will create your own
"I'm a helper" jar.

Follow these steps below:

- 1) Print the label "I'm a helper" on the next page and then attach it to an empty jar container. You can even decorate it further to really make it look unique and beautiful!
- 2) Then print out the "helper strips" and fill your jar with them. There are also blank strips where you can fill in your own tasks - be creative!
- 3) Now pick a task from your jar, and sparkle your inner-beauty-light by helping others this month.

"Once a Girl-School girl, ALWAYS a Girl-School girl!"

girlschool
CLUB gs.

THE ZONE FOR HAPPY, CONFIDENT & KIND GIRLS

CHOOSE A SIZE FOR YOUR LABEL



HELPER STRIPS



Help with work on the garden

Make a snack for someone

Help to fold the laundry

Help to wash or dry the dishes

Help to set the table

Vacuum or sweep the floor

Make someone laugh today

Make a card for someone
and help to brighten their day

Help to make a meal

Do a chore for someone

Take out the trash

Clean your room today

Help with work on the garden

Make a snack for someone

Help to fold the laundry

Help to wash or dry the dishes

Help to set the table

Vacuum or sweep the floor

Make someone laugh today

Make a card for someone
and help to brighten their day

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Clean your room today