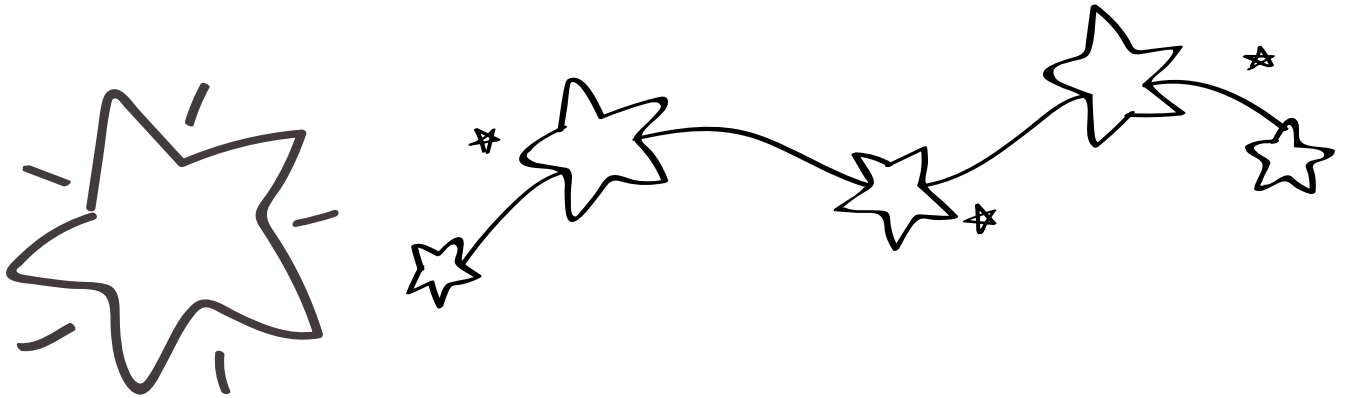


# Fun Friendship Challenge

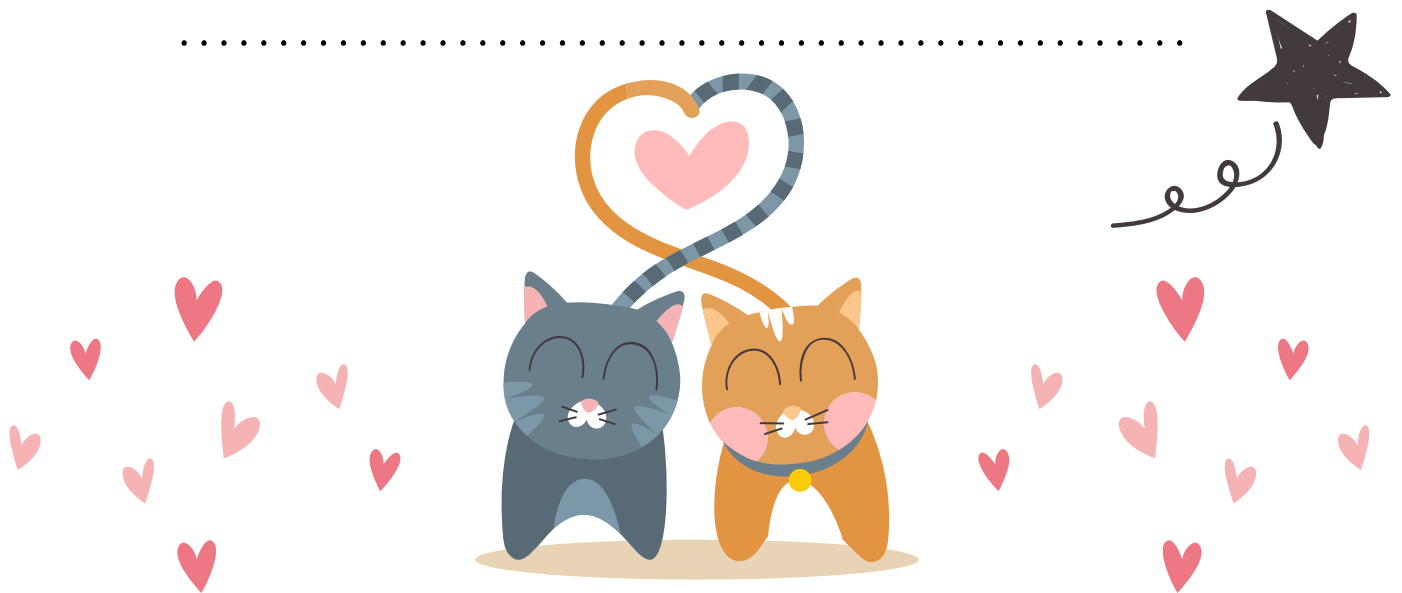


I am doing this challenge with .....

We are starting on this day: .....

When we complete this challenge, we will celebrate by

.....



**girlschool**  
**CLUB** **gs.**

THE ZONE FOR HAPPY, CONFIDENT & KIND GIRLS

[www.youwithconfidence.com/gclub/](http://www.youwithconfidence.com/gclub/)

# INSTRUCTIONS

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## Challenge number 1: How well do I know you?

There are 2 pages for this challenge. You must each complete the questions on both pages on your own first. Then, you can compare what you wrote by reading your answers out loud, and see how well you know each other.

Remember that we are ALWAYS learning, so it is normal and okay to get questions wrong too! That is how we get to know each other better!

## Challenge number 2: Our Friendship Recipe

What are the ingredients that make your unique friendship so special?

The ingredients will be the qualities that you see in your friend, and in your friendship.

There are some sentences on the side that will help you to get started, but you can also add your own.

First, complete the page by yourself, and then enjoy chatting to your friend when you share what each wrote down as your unique friendship recipe ingredients...

## Challenge number 3: You make my ♥ smile because...

Think about this special, unique friend, and then write down the things that you LOVE about her / him!

It can be silly things, it can be more serious things... anything that you love about this friend. Complete the page first, and then share what you wrote with your friend.

## Challenge number 4: This or That

Good friends will accept you just the way you are and not want to change you.

In this game, you will each get a chance to ask your friend the questions, and your friend must answer as fast as possible. Then you swop places and the friend gets to ask you the questions. You will see that some answers will be the same, others not, and that's okay, because a true friend will respect your choices and still love you even if you sometimes have different opinions and likes and dislikes.

# Challenge number 1: How well do I know you?

## all about **me...**



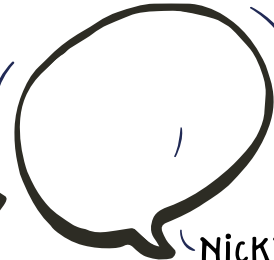
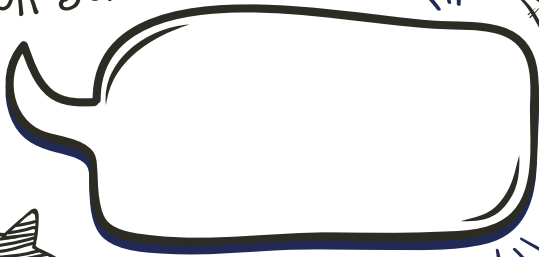
BiRTHDay

DAY

MONTH



FAVOURite WORD  
OR SENTENCE:



NickNAME:



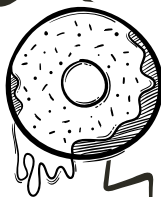
DON'T Like:



FAVOURite THING(S)  
IN THE WORLD:



FAVOURite food:



FAVOURite  
movie /  
TV SHOW:



NO  
PE



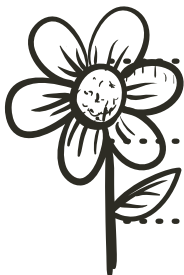
FAMILY:

BROTHERS: \_\_\_\_\_

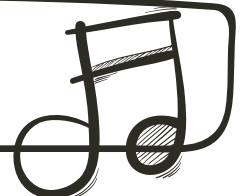
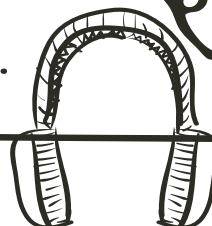
SISTERS: \_\_\_\_\_

I AM THE OLDEST /  
YOUNGEST / MIDDLE?

FAVOURite THINGS TO DO:



FAVOURite BAND OR MUSIC:



# Challenge number 1: How well do I know you?

FRIEND'S NAME

## all about my friend...



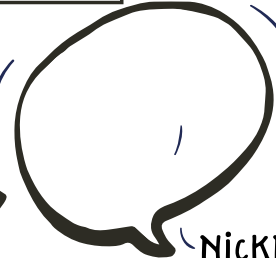
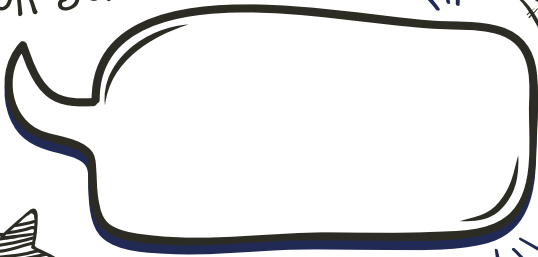
BIRTHDAY

DAY

MONTH



FAVOURITE WORD OR SENTENCE:



NICKNAME:



DON'T LIKE:

FAVOURITE THING(S) IN THE WORLD:

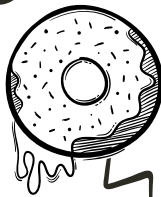
FAVOURITE MOVIE / TV SHOW:



FAVOURITE FOOD:



NOPE



FAMILY:

BROTHERS: \_\_\_\_\_

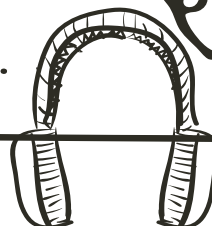
SISTERS: \_\_\_\_\_

I AM THE OLDEST / YOUNGEST / MIDDLE?

FAVOURITE THINGS TO DO:



FAVOURITE BAND OR MUSIC:



# Challenge number 2: Our Friendship Recipe

FRIEND'S NAME



## INGREDIENTS:

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

“It’s not WHAT we have, but WHO we have”  
WINNIE THE POOH

fun without breaking the rules

kindness

respect

loyalty

sharing

teamwork

smiles

encouragement

fun

help each other

listen to each other

forgive each other

are happy for each other's  
achievements

compliment each other

support each other

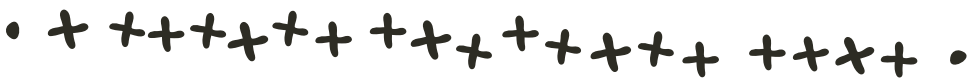
laugh a lot!

include other people in our  
friendship too

we are honest with each other

we say sorry when we were in  
the wrong

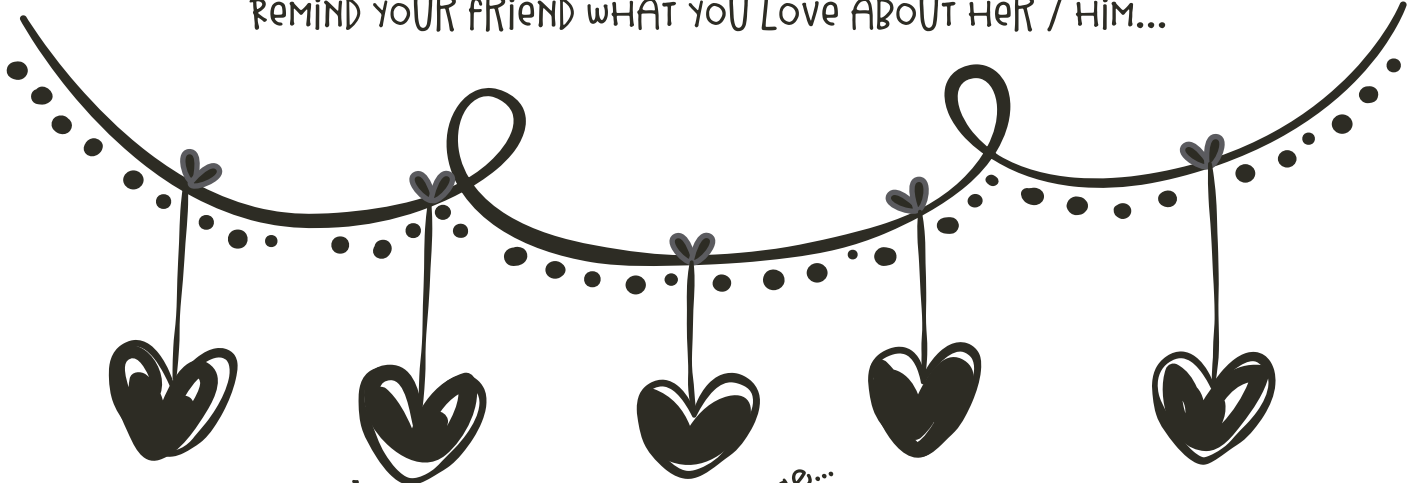
we take turns and share



Challenge number 3: You make my ♥ smile because...

FRIEND'S NAME

REMINDE YOUR FRIEND WHAT YOU LOVE ABOUT HER / HIM...



I love you because...

You are special to me because...

I will never forget that day when...

Thank you that you always...

I love that you are...

## Challenge number 4: This or That

FRIEND'S NAME

Friends can be similar, or different,  
as long as they treat each other with love and respect.

Ask your friend these questions.

Answer as FAST as possible.

### WOULD YOU RATHER:

take a bath or take a shower

eat dark or white chocolate

watch a movie or read a book

explore space or explore the ocean

win the lottery or get 3 wishes from a genie

have a tree full of candy or have a tree full of pizza

be itchy or be sticky

be too hot or be too cold

like to fly or like to be invisible

be without wi-fi for a week or be without people for a week

be in the audience or be on the stage

like to speak to animals or understand every human language

be locked in an amusement park or locked inside a library

be without water for a week or be without electricity for a week

like to be the funniest person or the smartest person