

MY CLEVER COMEBACKS TO SAY TO A BULLY

Stay cool

Don't 'loose' it

Then say something like:

THAT'S YOUR
OPINION,
NOT MINE

THAT
WASN'T VERY NICE.
HOW WOULD YOU FEEL
IF SOMEONE SAID
THAT TO YOU?

WHAT
EVER!

COOL!

UH-HUH...
OKAY?

REALLY?
I DIDN'T
KNOW THAT!

AND I
WOULD CARE
BECAUSE?...

THANKS!

IF I VALUED
YOUR OPINION,
THEN I WOULD
BE OFFENDED
BY IT.

Then smile and walk away.

BUT... always share what happened with a trusted adult too – it's never healthy to deal with 'heavy' feelings on your own.

If the bully physically touch or hurt you, try to get away to a place of safety as soon as you can! You don't even need to say a 'comeback' then.

Share what happened with a trusted adult as soon as possible. Remember:

NO FEAR and NO GUILT